

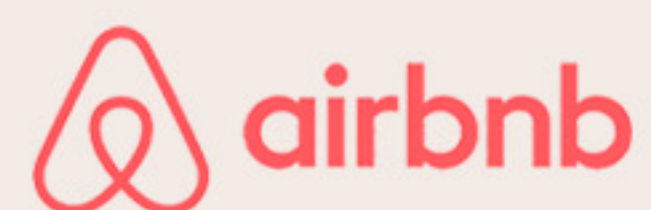


# TIHANNA LOUISE



*Confidence Has Been Waiting for You!  
Change Your Thinking to Master  
Your Speaking.*

## *A Few Clients*



## *Availability*

New York and San Francisco.  
Zoom, phone, in person.

## *Get In Touch*



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With vast experience as a respected television and radio news reporter, producer, and writer telling stories all over the country for major networks, Tihanna Louise has the expertise to teach audiences the true art of communication making her an engaging, stimulating, powerhouse interview. Transformational Keynote Speaker, Tihanna Louise works with individuals, corporations, and audiences to amplify their communication, connection, and confidence so that they have a positive, influential impact on the world. With 7 years in PR/Marketing, helping businesses and non-profits to create and share their impact stories, she delivers value as a strategist and coach, helping others to authentically engage for powerful outcomes. Tihanna Louise believes effective, authentic, and engaging communication is a learnable skill and that every person on the planet has a story worth sharing. Her book, *Speaking Inside Out* will be available in 2022.

## STORY IDEAS

- We need more feminine energy in the workplace- Discover why we need it and how to achieve it!
- How to know WHEN to respond to microaggression in the workplace practical frameworks to help you consciously communicate.
- More Human Being, Less Human Doing- 7 ways to break the capitalist cycle of collective over-achievement and hyper-productivity
- Knock out your inner hater! Change the way you think to change the way you speak.
- You can recover from burn-out! 3 Steps to help you shine brightly again.
- Women in leadership — own your story, step into your power, and speak with authority. Tihanna will show you how!
- Set Point: Raising your default energy levels and communication skills. Learn to Shift your thinking for personal and professional transformation.
- Six public speaking power tips for women in the workplace. Improve your career prospects and leadership positioning.
- R.E.S.P.E.C.T. Find out what it means for your energy! Confidence is a choice, not a personality trait.
- Success is an “Energy” job. 3 ways to radically shift your approach in order to find it.